

## **The Weekend Break Fest. 2022**

### **Joining Instructions**

#### **Definitions**

WBF - The Weekend Break Fest.

JI - Joining Information

ABA - Australian Breaking Association

Participants - Breakers participating in the training camp

#### **1. President's introduction**

I would like to invite everyone to the WBF for a development opportunity through high quality workshops run by our very own homegrown experts and events designed to encourage personal and communal growth.

In my opinion, there is a lack of connection between breaking generations. This is due to various reasons and circumstances which results in a loss of knowledge and history, or loss of the opportunity to gain knowledge and learn the history of Australian Breaking, as it is not shared as effectively or efficiently as it could be. I hope that this camp bridges that gap and encourages all who participate, to learn, grow and share experiences with members of our community.

Whether this camp continues in the following years or not, I hope that this leads us to a step in the right direction. The direction where we aim to inspire and encourage one another to grow and gain the confidence and courage required to stand in the spotlight, the spotlight known as the world stage, at a world level for all to see what Australia is capable of.

#### **2. Aim**

The aim of the Joining Instruction (JI) is to outline the training and administrative requirements common to all courses conducted by the ABA.

#### **3. ABA WBF background**

The WBF is a 3 day high performance national training camp consisting of workshops, seminars and events in NSW featuring some of Australia's finest bgirls and bboys.

#### **4. WBF Objectives**

The purpose of the WBF is not only to bring the national community together but to shed light on our Australian breaking heroes. Our nation houses some of the best breakers in the world who possess world class knowledge and skill. WBF creates an opportunity for all to learn from these national heroes, gain inspiration, develop skills and sustainable training methods and network amongst peers.

## **5. General Scheme of manoeuver**

Breakers will arrive at Sydney airport (or assigned accommodation) from 14:00 AEDT. WBF participants will attend the 3 day workshop at the Don Bosco Youth Centre, culminating in team and 1v1 battles. WBF participants will be supported with transport, meals and training and returned to Sydney airport from 16:00 AEDT. The supporting arrangements for WBF will ensure participants are enabled to focus on the training and comradery.

## **6. Key dates**

Below are the key dates for WBF activity:

- a. 12th Jul 2022 - registrations open - \$50 deposit MUST be paid
- b. 17th Aug 2022 – registrations close by 23:59 AEDT
- c. 1st Oct 2022 – full payment required by 23:59 AEDT
- d. 4th Oct 2022 – flight details of all participants confirmed by 23:59 AEDT
- e. 27th Oct 2022 – arrive in Sydney Airport after 14:00 AEDT
- f. 27th Oct 2022 – check in to allocated accommodation from 14:00 AEDT
- g. 28th-30th Oct 2022 – The Weekend Break Fest.
- h. 30th Oct 2022 – all participants must check out before 09:00 AEDT
- i. 30th Oct 2022 – flights depart Sydney from 16:00 AEDT

## **7. Key personnel**

- a. ABA president / WBF Organiser – Lowe Napalan
- b. WBF Coordinator – Levi Symington
- c. Workshop Manager – Jessica Leung

## **8. Costs and inclusions**

- a. The packages available for sale are:

- i. Package 1 - \$300.00. This covers the entire WBF and includes food and snacks, accommodation and transport all in accordance with this JI.
  - ii. Package 2 - \$160.00. This covers the workshop, lunch and snacks only. Participants will be required to travel to and from the workshop venue and their home residence. Should it be logistically easy, Package 2 holders may use the shuttle service should they meet the assigned times and pickup locations. Eg – Use of the airport shuttle to the accommodation or airport, or pickup/return from the accommodation to the workshop venue.
- b. The following are solely at the expense of the participant:
- i. Travel to/from Sydney airport.
  - ii. Fees and costs outside of the scope of travel for the activity. eg. taxi, non-catering meal plans, alcohol etc.
  - iii. Personal items, clothing etc.
- b. The following costs are NOT reimbursable to any participant:
- i. Accommodation costs or upgrades.
  - ii. Taxi or public transport fees.
  - iii. Food subsidising outside of the catering plan or missed meal costs.
  - iv. Flights in any capacity.

## **9. Movements and Travel**

- a. Travel to the WBF - this is from the participants departing location to the allocated accommodation:
- i. Self drive - participants seeking to drive their personal motor vehicle to the accommodation are permitted, but notice will be required to ensure parking at the accommodation sites.
  - ii. Commercial Flights - participants flying to Sydney are requested to not book flights that arrive in Sydney BEFORE 2pm on Thursday 27 Oct 2022

as the accommodation will NOT accept participants checking in before this time.

- Baggage Allowance - total baggage weight is to be within the selected carrier's limitation. No allowances or reimbursements by ABA exist for baggage.
  - Flight insurance - flight insurance is encouraged to be taken in the event of the WBF being cancelled. There are no reimbursements for personal flight costs if this occurs. The camp fee would be refunded.
  - Bus shuttle services - a bus shuttle service from the airport to the accommodation will be provided once flights are verified, and expected wait times at the airports should not exceed an hour. This shuttle service will be complimentary to participants.
- b. Travel from accommodation to workshop venue - this is the travel from the accommodation to the Don Bosco Youth Centre. A bus will collect and return participants.

## **10. Accommodation**

- a. Package 1 accommodations - to keep costs manageable, accommodation is shared meaning at least two single beds per room and twin share. Most accommodation will have private ensuites, with free WIFI. Two locations have been secured for the accommodation for the WBF:
- i. The Palm Hotel – 167 Hume Hwy, Chullora NSW 2193, and
  - ii. The Arena Hotel – 97 Hume Hwy, Chullora NSW 2193.
- b. Package 2 participants - will be responsible for their own accommodation assuming their personal residence is within commuting distance. Any accommodation costs otherwise are the full cost and own arrangement for those participants.
- c. Allocation of participants to each accommodation and room allocation is at the discretion of the WBF Coordinator. No adjustments are permitted without permission, and in general without a valid reason will remain extant for the duration of the WBF. The following principles will be applied for room allocations:
- i. Shared accommodation should be expected

- ii. Mixed gender accommodation will not occur
- d. Minors U18 will be managed closely and in direct consultation with their guardians.

## 11. Catering

To save costs, a specific catering plan is being followed and will be covered by the WBF and is inclusive of your WBF fee. Any meals taken at your own expense are not reimbursable. Dietary requirements where possible will be sought to be met.

- a. Breakfast will be issued on arrival, and will have ample amounts of bread, condiments, fruit, cereal and coffee and tea for the duration of your stay.
- b. Snacks consist of morning tea and afternoon tea daily at the Don Bosco facility. This will consist of fruit, muesli bars, a sweet or similar combination. Plus a resourced coffee and water point will be available at all times at the Don Bosco facility.
- c. Lunch will occur at the Don Bosco facility, numerous cut meals with a mixed menu will be available. All participants are entitled to lunch. Likely menu will include wraps, sandwiches and rolls.
- d. Dinner will be provided at the Palm Hotel for those also staying at the Arena Hotel. A set menu is provided with enough variety that should not require the same meal twice in the period. Provided meal menu will be confirmed closer to the date.
- e. A few key points regarding meals:
  - i. Package 1 participants will be entitled to all meals and snacks.
  - ii. Package 2 participants will be entitled to lunch and snacks.
  - iii. Missed meals through fault of their own will NOT be reimbursed.
  - iv. Meals in general will NOT be reimbursed or pro-rata covered outside of the catering plan.

## 12. WBF/Don Bosco Youth Centre

- a. **Dress standards** - all attending participants are to wear appropriate breaking training attire for the allocated workshops, but are required to be changed for the dinner meals at the Palm Hotel. Minimum standard is casual, with enclosed shoes.

- b. **Laundry services** - each accommodation location has available laundry services to wash personal clothing. This is at cost to the participants as applicable.
- c. **Hygiene** - due to the close communal living and the extensive amount of training to be completed in the WBF. All participants are encouraged to ensure high standards of personal hygiene. It is expected that ALL participants are to be showered and changed for dinner at the Palm Hotel.
- d. **COVID-19** - COVID-19 measures remain consistent throughout Australia, rapid antigen are encouraged to be conducted prior to departure from your principal place of residence.
- e. **Attendees under the age of 18** - there will be attendees that are under the age of 18. Appropriate staff and members are assigned responsibilities and have the appropriate WWVP credentials. Minors will be assigned chaperones for the duration of the activity, and parental consent is mandatory for any attendees.
- f. **Afterhours** - notwithstanding the expected conduct of WBF participants, outside of the scheduled program is free time to pursue any leisure's or rest desired. Leave of the venues and socialising elsewhere is supported and requires no permissions.
- g. **Alcohol Policy** - drinking of alcohol is prohibited for anyone under the age of 18. For those over 18, alcohol consumption is not restricted however; this WBF is aimed to foster the culture and behaviours expected of potential Olympic athletes. Drinking in moderation and appropriate behaviours are mandatory. Any alcohol based incidents will see the offenders potentially removed for the WBF.
- h. **Recommended packing list** - a recommended packing list is located below:
  - i. Clothing - breaking & casual wear, undergarment, shoes, etc. Sufficient sets for the duration of WBF plus travel.
  - ii. Breaking EQT/Accessories - beanies, knee pads, etc.
  - iii. Toiletries
  - iv. Medication/Supplements

- i. **Removal from the WBF** - should conduct or behaviour warrant, a participants removal will be enforced with a full forfeiture of the costs paid associated with the WBF.
- j. **Cancellation of the WBF** - whilst highly unlikely, if the WBF is cancelled, refunds will be issued for the cost of the event tickets by participants.
- k. **WBF Workshops schedule** - the below schedule is still subject to refinement but is the planned conduct for the workshops. Full workshop details will be issued at a later date.